



Great Healthy Weighs Weight Loss Challenge

**8 Week Weight Loss Challenge
(For contestants 18 years old and over)**

Initial Weigh-in: Monday, February 12, 2018

Final Weigh-in: Monday, April 9, 2018

Winner will be announced on Tuesday, April 10, 2018

For those who have a high deductible to meet with their insurance, this is a very affordable way to keep on track with weight loss and improving your overall health!

Registration Fee: \$50

Three 10-minute appointments with one of our Certified Dietitian/Nutritionists (CDN)

Initial Appointment: Weigh-in, Body Fat Analysis, and BioPhotonic Antioxidant Scan

Four Week Appointment: Weigh-in and Body Fat Analysis

Eight Week Appointment: Weigh-in, Body Fat Analysis, and BioPhotonic Antioxidant Scan

Please note that the above services would amount to \$170. **This is a \$120 savings!**

GRAND PRIZE:

The winner with the greatest body fat percentage loss and the most improved Antioxidant Scan score will receive a \$200 Gift Certificate which can be used for any wellness services at Healthy Weighs Wellness Center including: Nutrition Counseling, Functional Medicine, Chiropractic, Meridian Autonomic Testing (MAT), Massage Therapy, Acupuncture, Human Performance Programs, Facial Rejuvenation, Personal Training, Spa Services, Yoga, Medical Reiki/Reiki, Hypnosis and Guided Imagery.

Space is limited

Registration required by 9:00 AM on February 12th

Please register in person at Healthy Weighs Wellness Center or by calling 203-775-1819